



ON THE TRAIL NEWSLETTER

June 2023

CALGARY WEEKEND HIKERS

-- by Mike Cogut --

CWH is doing very well in terms of providing hiking opportunities. Obviously, the members enjoy this core purpose of the Club. However, this enjoyment comes with a responsibility to assist in the management of the organization. Without management the Club will cease to function and provide the services that we enjoy.

Specifically, we have an immediate need for a new Vice President for the Club, and we need you to consider stepping up for this position on the Club's Executive Committee.

The role of Vice President is conceptually a training position that will transition into President for the Club. There are no specific duties that are the responsibility of the Vice President, except for stepping into the President's duties if she is not available. However, it is very valuable to have some time to sit on the Executive Committee and see how things are run before you become the President.

This role is not onerous in terms of your time commitment.

As Vice President you are will be attending 3 Executive Committee meetings per year. These are approximately one hour each;

In addition to the meetings, there will be approximately 2 hours of work a month; and

When you become the President's, there is approximately 4 hours of work per month.

I've done this job and it has very positive rewards with very little pressure or actual work. The majority of the work is carried out by other members of the Executive Committee.

The Club cannot continue indefinitely without a constant flow of members willing to sit on the Executive Committee. Please contact me at mike@coгут.com if you have any interest at all or if you need some questions answered.

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## Membership Coordinators

-- by Julia Tsang --

Thank you to 314 members who renewed. CWH

currently has 96 Honorary Members.

A warm welcome to all our new members – 19 and counting. I hope you have been able to participate in some of the hikes that CWH has to offer thus far. As the Club no longer has a wait list, we will continue to offer new memberships for the 2023 season.

Deb Steele and I are sharing the Membership Coordinator role. Deb will be responsible for New Member requests and I will be handling Membership Renewals. Please do not hesitate to contact either one of us for membership inquiries.

**Name Tags.** I will probably be ordering new name tags for Applications received after April 1, 2023 sometime in June.

Happy Hiking Everyone!

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Hikes Planning Committee

-- by Lorna Jurgens --

Welcome to the 2023 CWH Hike Season. So far 85 hikes have been posted this year with 556 people on the hikes.

Thanks to all the returning coordinators.

The club encourages all members to consider coordinating at least one hike this year.

I have talked to several members who are not hiking because of the lack of carpooling. Please try to set up carpooling when posting hikes to encourage more members to come out. Save the planet with less vehicles on the road and it is fun to socialize with others on the drive.

If there is a long wait list for a hike, please consider forming another group from the waitlist with another coordinator as the maximum is 15 people on a day hike.

Have a wonderful summer & Happy Hiking.

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## A Note About Planning Hikes

-- as sent to CWH Members --

I hope that everyone is having a great hiking season.

Here is a list of items that were discussed at the



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CWH executive board meeting this week.

1. Coordinators please start using carpooling for your hikes. Several people have told me that they would hike if there was carpooling.
2. It was decided that the 15 person limit that was put in place during Covid is no longer applicable. The number of participants is now up to the coordinator.
3. If the Air Quality Health Index is 7 or above where the hike is held, the coordinator is urged to consider cancelling the hike if it would pose a danger to participants.
4. Please be mindful of extreme heat.

Lorna Jurgens  
Hikes Planning Coordinator.

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Social Committee

-- by Sigrid Wili and Pat Booker --

We started off the “official” hiking season with a very successful “kick-off”. Sixty-four members attended. And to make it work as smoothly as possible, many enthusiastic helpful hands pitched in as needed. It couldn’t have succeeded without them!



After such a long stint of not holding any in-door, in-person events, it was great to see new and “old” faces – being able to connect and reconnect.

The cake was a show-stopper. Not only did it present beautifully, but it was also delicious.

You “put the icing on the cake” with that, Pat! We’ll have to hike off those calories, though!

Our next Club get-together event, our beloved Pot Luck evening, is planned for October 20. So mark the date on your calendar.

Happy Hiking!
Pat Booker and Sigrid Wili
Social Coordinators

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### Intended Logging in Bragg Creek and Kananaskis areas

-- as posted on the Norseman Website --

This notice was sent out to members of the Norseman Ski Club by its President, Keith Dobson. I think that Calgary Weekend Hikers should be aware of this as well and perhaps take action, as an individual.

#### **-quote:**

While skiing or snowshoeing is likely not on your mind right now, many of us enjoy hiking in the Bragg Creek and Kananaskis areas in the summers, too. As such, the most recent edition of the Bragg Creek & Kananaskis Outdoor Recreation information has details about planned clearcut logging that will be of interest to many members. Information is provided on the newsletter posted yesterday (on the lower left side of the following url: <https://www.bckor.ca/> ).

The Norseman Ski Club has not been asked, and has not taken any position about the intended logging. The Board has also not met on this issue. If you wish to take action as an individual, however, you certainly may.

Keith Dobson  
President, NSC

#### **-unquote.**

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From your Webmaster

-- by Fritz Kiessling --

We are receiving many nifty photos from hikes for this season. A sample is on the 1st page of this newsletter.

For members that have Microsoft equipment to send the photo files the process is simple. Files



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attach to email without any difficulty.

For members in the Apple world I see a lot of difficulty.

Some of those members find the setting to “attach files” to email. But some can not. From those I have even heard comments such as “I gave up because I can’t figure it out”.

Notice that “attaching files” is not the same as “embedding” photos in the email.

I am told that if you, of the Apple group, can see the photos in the email body, it means they will be received by me as “embedded”. That’s the photos that I can really NOT use. I “can” extract the photo, but it is too pixilated and looks really bad in the website Photo Gallery.

So..., if you see the photos in the email body, I suggest the following:

1. Make sure you have a Google account. This normally is a Gmail account.
2. Log in, and go to Google Drive.
3. Create a hike folder, and upload your photos into that folder.
4. Changing the filenames makes the photos more useful for other members. On principle we recommend not to use last names (privacy laws, etc.)
5. Back out of that Drive folder.
6. Right click on that folder, and click “Share” (not Copy Link).
7. Under “General Access” use one pick list to set “Anyone with the link”, the other as “Editor”.
8. With that box open, click the “Copy Link”. The link is now in your computer’s notepad (that just means it’s in memory).
9. Open an email by going to the CWH website Photo Gallery, and clicking the “Photos to CWH” on the left side menu.
10. With the email open, paste the link from memory into the email. On Microsoft that’s with ctrl-v, on Apple it’s cmd-v.
11. Follow the instruction, particularly changing the email subject to the date and name of the hike.

With the link in the email, I can readily access

the actual photo file.

If file sizes are large, they will be resized to less than 4MB. You usually don’t have to worry about that. I have a good tool for that, which produces good results for the website.

I hope this procedure is OK for you, and maybe we get more Apple afflicted members to send us photos.

Keep clicking those hike photos.

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### **Bear Spray Safety Tips**

<https://www.youtube.com/watch?v=6HntkFJkgTg>

The link above is to a short video on YouTube that will help you to evaluate the can of spray you currently have. We (CWH) don’t endorse the method, but it’s fairly good to add to your information list. Remember, this guy on the right “The Boss” is out there!

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Bear Sprays, Pepper & Bangers

Safely dispose of bear spray and pepper spray for free at a household hazardous waste drop-off at designated fire station - put in secure bear spray bin.

Bear Bangers are not allowed to be used in National Parks.

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"Jason Leo Bantle", All in the Wild Photographer, [https://allinthewild.com/products/the-boss-of-banif?\\_pos=1&\\_sid=11c08b985&\\_ss=r&variant=39525666128054](https://allinthewild.com/products/the-boss-of-banif?_pos=1&_sid=11c08b985&_ss=r&variant=39525666128054)

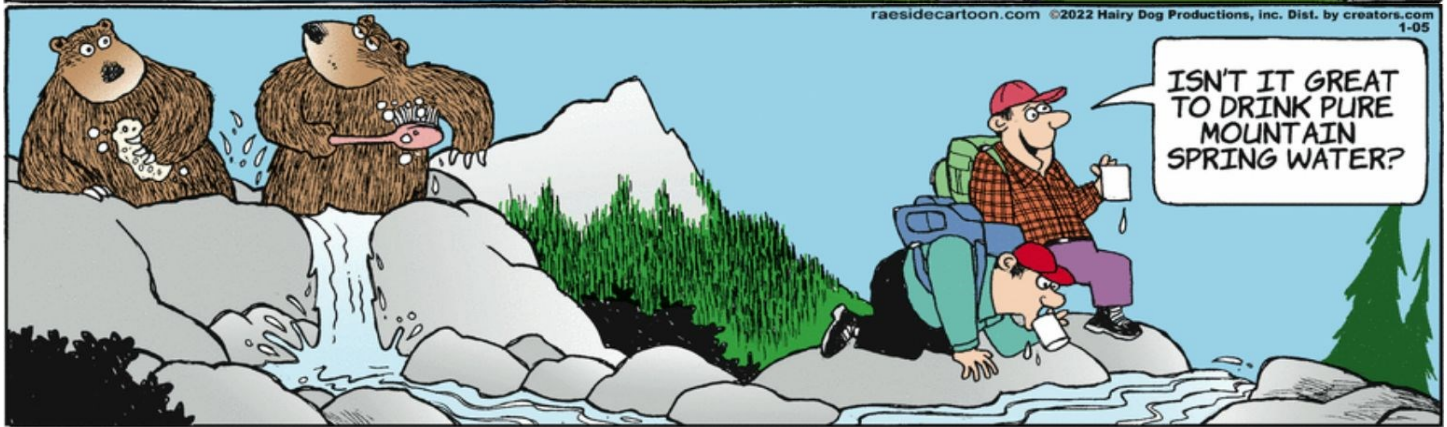
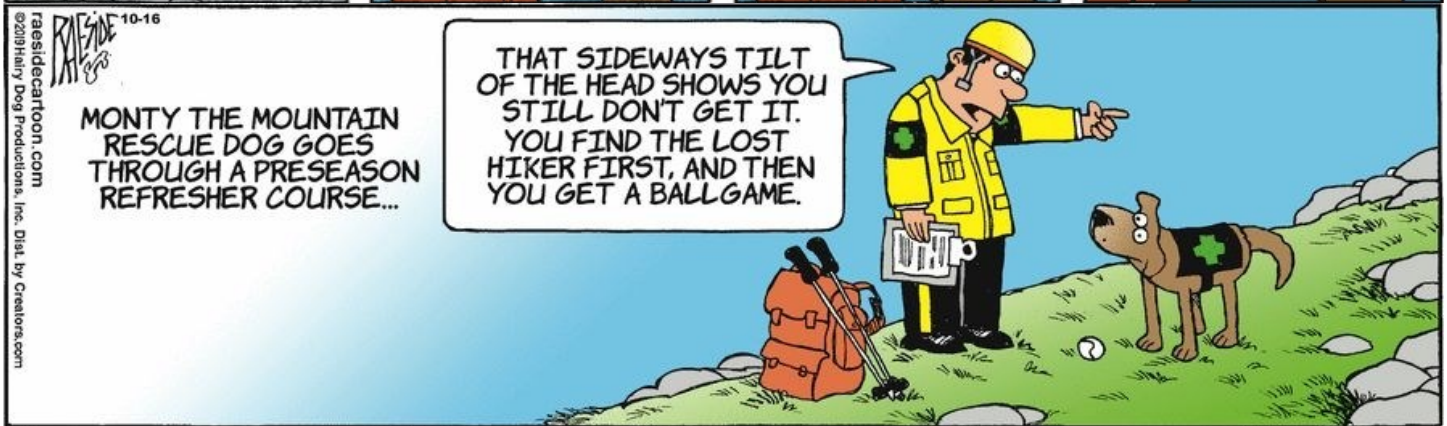
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Get Out there and hike before it's too late!!

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